

Winter-12



KIDS FIRST SPORTS SAFETY INC.

www.kidsfirstsports.net

630-257-5438

Age Group: Kids First Higher Standards (6-14 year olds)

Winfield Park District

630-653-3811

www.winfieldparkdistrict.com

Locations: Winfield Park District Gym, Fields

Address: 0 N 020 County Farm Road

Camp drop off & pick up will be at Main Entrance- (Find: Kids First Banner)

Locations: Winfield Park District Gymnasium, & Field

Programs & Camps:

Basketball (Series 1 & 2): M-Th: Jan. 9-12, Jan.16-19
Volleyball (Series 1 & 2): M-Th: Jan. 23-26, Jan. 30-Feb. 2
Multi-Sports: M-Th: Feb. 6-9
Soccer: (Series 1 & 2): M-Th: Feb. 13-16, Feb. 20-23
Blast Ball: (Series 1 & 2): M-Th: Feb. 27-Mar. 1, Mar. 5-8
Baseball: (Series 1 & 2): M-Th: Feb. 27-Mar. 1, Mar. 5-8
Dodge Ball: (Series 1 & 2): Mar. 12-15, Mar. 19-22
Spring Break Basketball Camp: M-Th: Mar. 26-29
Spring Break Volleyball Camp: M-Th: Mar. 26-29

-Rain cancellations: time equally added to remaining days of program-

Sign-up Now!

Lower Prices – Quality Programs & Camps

www.kidsfirstsports.net ph: 630-257-5438 staff@kidsfirstsports.net

Program & Camp Descriptions

Kids First Basketball

I've Got Game!! Basketball Camp is fundamental!! Basketball Games & Preparation; Parents have called Kids First Sports Safety *Mandatory* before playing the most injury prone youth sport. Players will be fulfilled with new basketball *skills* and *safety* to make them game ready. Kids Love It!

Camp offers: Skills Contest & Championship Basketball game. PLUS techniques on Shooting, Dribbling, Passing, speed & quickness, body balance, first step directional movements, floor spacing, basketball safety awareness and sportsmanship.

Registration at Winfield Park District

Kids First Basketball (Fundamentals) Camp

Who: Boys & Girls ages 4-5, 6-11, separated within the camp

Sessions: 4

When: Monday-Thursday: Jan. 9-12 (Series 1), Jan. 16-19 (Series 2)

Time: 3:15pm – 4:15pm 4-5 year olds
4:15pm – 5:15pm 6-11 year olds



Fundamentals

Where: Winfield Park District Gym

Instructor: Staff from Kids First Sports Safety, Inc.

Cost: \$49

Min./Max. 6/24

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Kids First Volleyball

Volleyball Let's Play It!! Fun and Instructional Program prepare players to succeed in volleyball. Excellent Coaches plan strategic, FUN preparation drills and games that will increase SKILLS & SAFETY through Fundamentals. Kids Love It!!!

Camp offers: Volleyball Skills Challenge Contest & Championship Volleyball game. PLUS competitive drills for skills training: serving, bumping, setting, spiking, techniques on speed & quickness, body balance, first step directional movements, volleyball safety awareness and sportsmanship.

Registration at Winfield Park District

Kids First Volleyball Camp

Who: Boys & Girls ages 6-8, 9-14

Sessions: 4

When: Monday-Thursday: Jan. 23-26 (Series 1), Jan. 30-Feb. 2 (Series 2)

Time: 3:15pm – 4:15pm 6-8 year olds
4:15pm – 5:15pm 9-14 year olds



Fundamentals

Where: Winfield Park District Gym

Instructor: Staff from Kids First Sports Safety, Inc.

Cost: \$49

Min./Max.: 6/24

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Kids First Multi-Sports



Multiple Sports (Soccer, Basketball, T-Ball/Blast Ball, Kick Ball, Dodge Ball)

Kids First: Multi-Sports Development camp offers an introduction of different sports and games each day. Each child goes through a variety of running, jumping, and game drills that gets the kids cheering throughout these fun and rewarding sports.

A certified **Kids First** Coach will generate child sports interest to include: Kids coordination and balance, sports awareness, ball control, starting points, fun competitive sports drills, sharing & listening skills, game rules, game rewards, game challenge contests. **Kids Love It!**

Registration at **Winfield Park District**

Kids First Multi-Sports Camp

Who: Boys & Girls ages 4-5, 6-11

Sessions: 4

When: **Monday-Thursday: Feb. 6-9**

Fun

Time: 3:15pm – 4:15pm 4-5 year olds
4:15pm – 5:15pm 6-11 year olds

Where: **Winfield Park District Gym**

Instructor: Staff from **Kids First Sports Safety, Inc.**

Cost: \$49

Min./Max.: 6/24

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Kids First Soccer

Soccer See The Goal! Feel the excitement of scoring a goal! Kids will have plenty of fun with **Kids First** experienced coaches teaching soccer game techniques that give kids confidence & **skills**. Players will learn how to combine body balance & speed with FUN preparation soccer drills, making this program ideal for beginners to advanced players.

Plus: Soccer ball handling, headers, goalie positioning; concluding with a championship soccer game.

Registration at **Winfield Park District**

Kids First Soccer Fundamentals Camp

Who: Boys & Girls ages 4-5, 6-11 separated by age.

Sessions: 4

When: **Monday-Thursday: Feb. 13-16 (Series 1), Feb. 20-23 (Series 2)**



Fundamentals

Time: 3:15pm – 4:15pm 4-5 year olds
4:15pm – 5:15pm 6-11 year olds

Where: **Winfield Park District Gym**

Instructor: Staff from **Kids First Sports Safety, Inc.**

Cost: \$49

Min./Max.: 8/20

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Kids First STEPS Blast Ball

Batter UP! Blast Ball is the introduction to baseball for 4-5 year olds. The game is very safe, played with a soft bat and ball, no glove is needed. Each player bats once an inning and no scores are kept. Blast Ball consists of one base and it makes a “honking” noise when a player steps on it.

Major League Baseball recognized Blast Ball as part of its campaign to promote the resurgence of baseball at the grass-roots level. (Bring your cameras). **Kids Love IT!**

Registration at **Winfield Park District**
Kids First Blast Ball Camp

Who: Boys & Girls ages 4-5

Sessions: 4

When: **Monday-Thursday: Feb. 27-Mar. 1 (Series 1), Mar. 5-8 (Series 2)**

Time: 3:15pm – 4:15pm 4-5 year olds

Where: **Winfield Park District Gym**

Instructor: Staff from **Kids First Sports Safety, Inc.**

Cost: \$49

Min./Max.: 8/20



*****Fundamentals*****

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Kids First Baseball

Baseball preparation!! It's a HIT! Fundamental instruction for Games! This program prepares and challenges all players through fun competitive baseball drills to develop skills that will maximum player potential: Parents have call **Kids First** baseball mandatory for **fundamentals, safety, and skills** training. **Kids Love It!!**

Camp teaches: Batting, fielding, pitching, base running, and throwing, through proven baseball techniques. Body balance, and first step directional movements will aid in strengthening their play in the field and in the batters box.

Registration at **Winfield Park District**

Kids First Baseball Fundamentals Camp

Who: Boys & Girls ages 6-11 separated by age.

Sessions: 4

When: **Monday-Thursday: Feb. 27-Mar. 1 (Series 1), Mar. 5-8 (Series 2)**

Time: 4:15pm – 5:15pm 6-11 year olds

Where: **Winfield Park District Gym**

Instructor: Staff from **Kids First Sports Safety, Inc.**

Cost: \$49

Min./Max.: 8/24



*****Fundamentals*****

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Kids First Dodge Ball

Dodge This! Dodge Ball Games every day ending with a competitive Championship Game on the last day. This Fun moving sport will provide team competition and individual challenge matches on the court. Kids will have a blast running, throwing, dodging and ducking their way to victory; while getting their bodies in shape. **Kids Love It!!!**

Registration at **Winfield Park District**

Kids First Dodge Ball Camp

Who: Boys & Girls ages 6-8, 9-14

Sessions: 4

When: **Monday-Thursday: Mar. 12-15 (Series 1), Mar. 19-22 (Series 2)**

Time: 3:15pm – 4:15pm 6-8 year olds
4:15pm – 5:15pm 9-14 year olds

Where: **Winfield Park District- Gym**

Instructor: Staff from **Kids First Sports Safety, Inc.**

Cost: \$49

Min./Max.: 6/24

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Super Safe Dodge Balls

Kids First Spring Break Basketball Camp

Spring Basketball is **fundamental!!** Basketball Games & Preparation; Players will be fulfilled with new basketball **skills** and **safety** to make them game ready. **Kids Love It!**

Camp offers: **Skills Contest & Championship** Basketball game. **PLUS** techniques on Shooting, Dribbling, Passing, speed & quickness, body balance, first step directional movements, floor spacing, basketball safety awareness and sportsmanship.

Registration at **Winfield Park District**

Kids First Spring Break Basketball Camp

Who: Boys & Girls ages 6-8, 9-14

Sessions: 4

When: **Monday-Thursday: Mar. 26-29**

Time: 9:00am – 10:00am 6-8 year olds
10:00am – 11:00am 9-14 year olds

Where: **Winfield Park District- Gym**

Instructor: Staff from **Kids First Sports Safety, Inc.**

Cost: \$49

Min./Max.: 6/24

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Fundamentals

Kids First Spring Break Volleyball Camp

Spring Volleyball! Games and Instruction each day- Players practice at the start of each session leading to competitive volleyball games. Excellent Coaches prepare the players to succeed through the teachings of volleyball drills that *will* increase **SKILLS & SAFETY** through Fundamentals. **Kids will Love it!!!**

Registration at **Winfield Park District**
Kids First Spring Break Volleyball Camp

Who: Boys & Girls ages 6-8, 9-14

Sessions: 4

When: **Monday-Thursday: Mar. 26-29**

Time: 11:15am – 12:15pm 6-8 year olds
12:15pm – 1:15pm 9-14 year olds

Where: **Winfield Park District- Gym**

Instructor: Staff from **Kids First Sports Safety, Inc.**

Cost: \$49

Min./Max.: 6/24



Fundamentals

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