

Summer-12



KIDS FIRST SPORTS SAFETY INC.

www.kidsfirstsports.net

630-257-5438

Age Groups: STEPS 3-4, 5-6 year olds; Higher Standards 5-14 year olds

Oakbrook Terrace Park District

630-574-0420

*(Fitness Center) **(Fitness Center Baseball Diamond)

Programs & Camps

Tennis: Sa. June 9-30, July 14-Aug. 6
Basketball: June 11-15
Flag Football: June 18-22
Soccer: June 25-29
Baseball: July 9-13
Balloon Ball: Sa. July 14-Aug. 4
Dodge Ball: July 16-20
Balloon Ball: Aug. 6-9

Sign-up Today!

www.kidsfirstsports.net ph: 630-257-5438 staff@kidsfirstsports.net

Low Costs-High Quality Camps

Program & Camp Descriptions

Kids First Tennis (Fundamentals) Program

Serve IT! Experience the competition of **TENNIS! It's Fun**. Certified Coaches teach the skills of tennis through a tennis process that is easy to learn the game. Tennis program challenges beginners to advanced players through competitive instructional drills, including singles & doubles matches. **Kids Love It!**

Program offers: Individual **skills contest & championship tennis matches**. **PLUS** racket grips, techniques on ball spins, speed & quickness techniques, body balance, first step directional movements, tennis safety awareness and sportsmanship.

Registration at: **Oakbrook Terrace Park District**

Kids First Tennis (Fundamentals) Program

Who: Boys & Girls Ages (6-8), (9-14)

Sessions: 4

When: **Saturdays: June 9-30 (Series 1)**
July 14-Aug. 4 (Series 2)



Fundamentals

Time: 9:00am-11:00am (6-8 year olds)
11:00am-1:00pm (9-14 year olds)

Cost: \$69

Where: **Oakbrook Terrace Park District- Tennis Courts**

Instructors: Staff from **Kids First Sports Safety, Inc.**

Min./Max. 6/28

Questions: www.kidsfirstsports.net ph: 630-257-5438 staff@kidsfirstsports.net

Sign-up Today!

Kids First Basketball

Basketball is fundamental! Basketball Games & Preparation; Players will be fulfilled with new basketball **skills** and **safety** to make them game ready. **Kids Love It!**

PLUS: techniques on shooting, dribbling, passing, speed & quickness, body balance, first step directional movements, floor spacing, basketball safety awareness and sportsmanship. Each camp or program concludes with a championship game- Kids Love It.

Registration at **Oakbrook Terrace Park District**

Kids First Basketball

Who: Boys & Girls ages 4-5, 6-11 separated within the Program

Sessions: 5

When: **Monday-Friday: June 11-15**



Fundamentals

Time: 4:15pm – 5:15pm 4-5 year olds
5:15pm – 6:15pm 6-11 year olds

Where: **Oakbrook Terrace Park District Gym**

Instructor: Staff from **Kids First Sports Safety, Inc.**

Cost: \$55

Min./Max. 6/20

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Sign-up Today!

Kids First Flag Football (Fundamentals) Camp

Touchdown! Are you ready for some **FOOTBALL!** Flag Football Games & Preparation; Parents have called **Kids First Sports Safety Mandatory** before playing tackle football. Excellent Coaches plan strategic, FUN preparation drills and games that *will* increase **skills & safety** through fundamentals.

Camp offers: **Punt-Pass-Kick Contest & Championship** Flag Football game. **PLUS** skill positions training, techniques on passing, catching, blocking, speed & quickness, body balance, first step directional movements, football safety awareness and sportsmanship. **Kids Love It!**

Registration at: **Oakbrook Terrace Park District**

Kids First Flag Football (Fundamentals) Camp

Who: Boys & Girls Ages (6-10)

Sessions: 5

When: **Monday-Friday: June 18-22**

Time: 4:15am-5:15pm (6-10 year olds)

Cost: \$55

Where: **Oakbrook Terraace Field**

Instructors: Staff from **Kids First Sports Safety, Inc.**

Min./Max. 6/24



Fundamentals

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Sign-Up Today!

Kids First Soccer Camp

Take a SOCCER Break! Feel the excitement of scoring a goal! **Soccer Games Daily with instruction-** Kids will have plenty of fun with **Kids First** experienced coaches teaching soccer game techniques that give kids confidence & **skills**. The Camp will combine body balance & speed drills with FUN preparation soccer drills, making this Camp ideal for beginners to advanced players.

In addition, kids will enjoy being competitively challenged to increase soccer **SKILLS & SAFETY** through **Fundamentals**. This instructional camp also includes: ball handling, passing, goalie positioning, and sportsmanship, concluding with a championship soccer game.

Registration at: **Oakbrook Terrace Park District**

Kids First Soccer Camp

Who: Boys & Girls ages 6-10 separated by age.

Sessions: 5

When: **Monday-Friday: June 25-29**

Time: 4:15pm – 5:15pm (6-10 yr. olds)

Where: **Oakbrook Terrace Field**

Instructor: Staff from **Kids First Sports Safety, Inc.**

Cost: \$55

Min./Max.: 8/24



Major Fun Camp

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Sign-Up Today!

Kids First Baseball (Fundamentals) Camp

Batter up, it's a HIT! This camp challenges all players through fun competitive baseball drills and games that will maximum player potential: Parents have called Kids First baseball mandatory for **fundamentals, safety, and skills** training. **Kids Love It!**

Baseball Camp teaches: Position training, batting techniques, body balance, throwing, fielding, first step directional movements, pitching, base running and sportsmanship. The baseball camp concludes with a Championship Game.

Registration at: **Oakbrook Terrace Park District**
Kids First Baseball (Fundamentals) Camp
Who: Boys & Girls ages 6-10 separated within the camp
Sessions: 5
When: **Monday-Friday: July 9-13**



It's a Hit

Time: 4:15am-5:15pm (6-10 year olds)

Cost: \$55
Where: **Oakbrook Terrace Baseball field**
Instructors: Staff from **Kids First Sports Safety, Inc.**
Min./Max. 6/24

Questions: www.kidsfirstsports.net ph: 630-257-5438 staff@kidsfirstsports.net

Sign-up Today!

New Kids First STEPS Balloon Ball Camp & Program

Catch on! Balloon Ball is played like soccer with kids being allowed to pick up the ball and run with it, or throw it, or kick it in one of the two goals for a score.

The action is a bit faster, with fewer rules than soccer so kids are not being corrected as much in this new fast pace game. Kids will be taught coordination and balance along with the importance of exercise that their bodies need. Kids just love this new game that was created by Kids First.

Registration at: **Oakbrook Terrace Park District**
Kids First: STEPS Balloon Ball Camp & Program
Who: Boys & Girls ages 3-4, 5-6
Sessions: 4
When: **Saturdays: July 14-Aug. 4**
Time: 9:00am – 10:00am 3 & 4 year olds
10:00am – 11:00am 5 & 6 year olds

Fun & Exciting

When: **Monday-Friday: Aug. 6-9**
Time: 4:15pm – 5:15pm 3-4, 5-6 year olds

Cost: \$55
Where: **Oakbrook Terrace Baseball Field**
Instructor: Staff from **Kids First Sports Safety, Inc.**
Min./Max.: 8/24

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Kids First Dodge Ball

Dodge This! Dodge Ball Games every day ending with a competitive Championship Game on the last day. This Fun moving sport will provide team competition and individual challenge matches on the court. Kids will have a blast running, throwing, dodging and ducking their way to victory; while getting their bodies in shape.

Kids Love It!

Registration at **Oakbrook Terrace Park District**
Kids First Dodge Ball Program

Who: Boys & Girls ages 7-11 separated by age

Sessions: 5

When: **Monday-Friday: July 16-20**

Time: 4:15pm – 5:15pm 7-11year olds

Where: **Oakbrook Terrace Park District Gym**

Instructor: Staff from **Kids First Sports Safety, Inc.**

Cost: \$55

Min./Max.: 8/20



*****Super Safe Dodge Balls*****

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